



## Parental Consent From

### Participant's Personal Details:

Name of Participant:	
Home Address: Postcode:	
Date of Birth:	
Phone Number:	

### This section is to be completed by parent / guardian:

I give permission for my son / daughter to take part in an Insane Terrain Running Ltd event

**I have read and agree to the Terms and Conditions displayed at [www.insaneterrainrunning.com](http://www.insaneterrainrunning.com) and by signing agree that I accept the risks involved in taking part and that my son/daughter is fit to participate.**

Signed:	
Print Name:	
Date:	
Relationship to Child:	
Emergency phone no:	